Worksheet 2: Exploring your many sides — “Me, Myself, and I”

1. If you could separate yourself into 6 or 7 different people, what would each of them look like? Jot down an occupation, major, or description for each of them. (Or use the results from Worksheet 1 to create a short list of concentrations or departments that sound appealing.)

1)  
2)  
3)  
4)  
5)  
6)  
7)  

2. Quickly answer each question using 1-2 items from the list above (it’s fine to reuse items):

   - Which area is your newest interest?
   - Which is your oldest childhood interest?
   - Which do you picture yourself dabbling in 20-30 years from now?
   - Which do you want to become an expert in (potentially through further education)?
   - Which do you have enough motivation and/or opportunity to learn about on your own?
   - Which do you want to learn about through an internship or job?

3. What observations can you make about which areas might be better for undergraduate study, career options, or avocational pursuits? Are there overlaps, or are there clear distinctions?