

University of Michigan – Department of Psychology

PSYCHOLOGY

CONCENTRATION WORKSHEET

Departmental Requirement:

- Students may declare the Psychology concentration once they have passed an Introductory Psychology course with a grade of “C” or better.

PREREQUISITE TO THE CONCENTRATION

Only one of the following prerequisite courses may be taken for credit. Introductory courses *do not* count toward concentration credits.

√	PSYCHOLOGY COURSES (PSYCH)	Term Completed	Credits	Grade
	111: Introduction to Psychology			
	112: Introduction to Psychology as a Natural Science			
	114: Honors Introduction to Psychology			
	115: Honors Introduction to Psychology as a Natural Science			

PSYCHOLOGY BREADTH REQUIREMENT

One course from each of the following three groups must be completed (for a total of three classes). Please note that a maximum of 3 breadth courses may be used to meet Psychology concentration requirements. Additional breadth courses *may not* be used towards the concentration, but may be used towards the 120 credits required by LS&A.

√	PSYCHOLOGY COURSES (PSYCH)	Term Completed	Credits	Grade
Breadth Group I (one course)				
	230 (330): Introduction to Biopsychology		4	
	240 (340): Introduction to Cognitive Psychology		4	
Breadth Group II (one course)				
	250 (350): Introduction to Developmental Psychology		4	
	270 (370): Introduction to Psychopathology		4	
Breadth Group III (one course)				
	260 (360): Introduction to Organizational Psychology		4	
	280 (380): Introduction to Social Psychology		4	
	290 (390): Introduction to Psychology of Personality		4	

STATISTICS REQUIREMENT

Courses are offered through the Statistics Department. Credits count toward the Concentration. One of the following options must be completed:

#1 Statistics Option I (one course)				
	STATS 350 (402): Introduction to Statistics and Data Analysis		4	
#2 Statistics Option II (two courses) for those who want a stronger mathematical foundation.				
	STATS 425: Introduction to Probability		3	
	STATS 426: Introduction to Theoretical Statistics		3	

PSYCHOLOGY LAB REQUIREMENT

Departmental Requirement:

- Some courses that are graded "credit/no credit" may be used to satisfy the categorical requirement for a laboratory course, but do not count toward the 34 credits needed to complete the Psychology concentration.

The lab requirement must be met in one of the following three ways *and* for a minimum total of *6 credits:

#1 Complete one course from the (A) Methods-based Labs list *and* one course from the (B) Experiential Labs list.

#2 Complete two courses from the (A) Methods-based Labs list.

#3 Complete one course from (A) *and* complete (C), the Honors Research Sequence (two courses). A student must be accepted into the Psychology Honors Program to be eligible for this option.

*Although many of the courses listed under the *Lab Requirement* are offered for a variable number of credits, ALL courses used to meet this requirement must be completed for a minimum of 3 credits within a single term.

(A) Methods-based Labs		Term	Credits	Grade
	302: Special Problems Lab in Psychology/Natural Science (inactive)		4	
	303: Research Methods in Psychology		3	
	331: Laboratories in Biopsychology		4	
	341: Advanced Laboratory in Cognitive Psychology		4	
	342: Laboratory in Judgment and Decision Making (inactive)		3	
	351: Advanced Laboratory in Developmental Psychology		3	
	361: Advanced Laboratory in Organizational Psychology		4	
	371 (372): Advanced Laboratory in Psychopathology		3	
	381: Advanced Laboratory in Social Psychology (SOC 472)		3	
	383: Introduction to Survey Research I (SOC 383) (inactive)		3	
	391: Advanced Laboratory in Personality		3	
(B) Experiential Labs (Community-based or Research-based Labs)				
Community-based Labs – Letter-Graded				
	304: Practicum in Teaching and Leading Groups [EX]		2-4	
	305: Practicum in Psychology [EX]		1-4	
	306: Project Outreach Group Leading [EX]		3	
	307: Directed Experiences with Children [EX]		3-4	
	308: Peer Advising Practicum in Psychology [EX]		2-3	
	310: Processes of Intergroup Dialogue Facilitation (SOC 320)		3	
	311: Practicum in Facilitating Intergroup Dialogues [EX]		3	
	317: Community Research (AMCULT 306)		4	
	319: Empowering Families and Communities (AMCULT 319)		4	
	325: Practicum in the Multicultural Community (AMCULT 321), [EX]		1-4	
	485: Gender, Mentoring, and Technology (WOMENSTD 485) [EX]		3	
Community-based Labs –Credit/No Credit				
	211: Project Outreach [EX]			
	404: Field Practicum [EX]			
	405: Field Practicum in a University Setting [EX]			
Research-based Labs – Letter-Graded				
	326: Faculty Directed Early Research for Psychology as a Natural Science		1-4	
	327: Faculty Directed Early Research for Psychology as a Social Science		1-4	
	422 (505): Faculty Directed Advanced Research/Natural Science [IN]		1-6	
	423 (505): Faculty Directed Advanced Research/Social Science [IN]		1-6	
Research-based Labs – Credit/No Credit				
	322 (408): Field Practicum in Research Techniques/Natural Science [EX]			
	323 (409): Field Practicum in Research Techniques/Social Science [EX]			
(C) Honors Research Sequence (choose one option, either Natural Science or Social Science)				
Students must be accepted into the Psychology Honors Program to be eligible for this option. Those interested in the program are encouraged to acquire research and statistical skills early in their concentration and before applying to the program.				
Natural Science Option (complete two courses)				
	424 (510): Senior Honors Research I/Natural Science		2-4	
	426 (511): Senior Honors Research II/Natural Science		2-4	
Social Science Option (complete two courses)				
	425 (510): Senior Honors Research I/Social Science		2-4	
	427 (511): Senior Honors Research II/Social Science		2-4	

PSYCHOLOGY ELECTIVES

Additional courses will be necessary to meet the credit requirements. List Additional letter graded, 300 level or higher courses. Additional breadth courses may not be used. It is strongly recommended that concentrators elect at least one 400-level elective course. Refer to the current LS&A Bulletin and LS&A Course Guide for courses that may be eligible as electives.

Course number and name	Term Completed	Credits	Grade

PSYCHOLOGY GPA REQUIREMENT

A student must earn a cumulative grade point average (GPA) of at least 2.0 in ALL courses taken in Psychology. This includes any course taken in the Department such as prerequisites, required courses, electives and cognates (courses taken outside of psychology but used towards the concentration, for example: Statistics and cross-listed courses). Transfer courses are not calculated into the GPA unless the grade appears on the official University of Michigan transcript.

Calculating your GPA: The Psychology GPA is determined by dividing the total number of Michigan Semester Hours (MSH) earned in psychology courses into the total number of Michigan Honor Points (MHP) earned from those courses. Notations of Y, I, NR, NG, and ## are not initially calculated into the GPA. Notations of I, NR, NG, and ##, if unresolved by the end of the fourth week of the next fall or winter term in residence or by an approved extension deadline, lapse to E or ED and are computed into the GPA, if the course was a graded election.

MSH	MHP	GPA
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PSYCHOLOGY CONCENTRATION QUICK FACTS

- ▶ The following credits **do not** count toward the 34 concentration credits you need:
 - Introduction to Psychology
 - 100-level courses
 - 200-level elective courses (with the exception of Psych 202 or 203)
 - Pass/Fail or Credit/No Credit courses or labs

- ▶ Only one course from each of the three **Breadth groups** counts toward the 34 credits. For Psychology, you can get 12 credits total from Breadth classes. Extra Breadth classes do not count as “Electives.” However, you may still want to take additional Breadth classes, out of interest, or because they’re required for a program you’re considering. Extra Breadth classes will count toward the required 120 LSA credits.

- ▶ Credits from your **Statistics** course(s) count toward the 34. We recommend that you take Stats early in your coursework since it is a pre-requisite for methods-based labs.

- ▶ For your labs:
 - One must be a Methods Lab
 - Your 2nd lab may be Experiential

Your two lab courses combined must total at least 6 credits and each lab must be taken for at least 3 credits. Non-graded experiential labs will fulfill the categorical requirement for a second lab, but the credits will not count toward the 34 concentration credits. They do count toward the LSA 120 required for a BA or BS degree.

- ▶ There are limits to the amount of **graded experiential lab credits** you can apply toward your psych concentration (6 credits). Consult the LSA bulletin or check with a Psychology advisor about this.
- ▶ **Elective Credits** must be graded Psychology courses, at the 300-level or above. At least 9 credits of electives must be lecture or seminar based, as opposed to lab or experiential courses.
- ▶ Get involved in **Research!** If you are planning on attending any type of graduate program, especially within the field of Psychology, you will need research experience. You can do this for research-based lab credit. Please see the Undergraduate Office for more information.
- ▶ **Transfer courses** may be applied toward your concentration, but at least 20 of your 34 credits must be taken through the Psychology Department in Ann Arbor. Of those 20 in-house credits, at least 12 must be in upper level courses in Psychology.
- ▶ **Registration Tip:** If courses are closed:
 - Contact instructor
 - Watch Wolverine Access for openings and/or waitlists
 - Attend first day of class
- ▶ **Calculating Psych Grade Point Average:** $GPA = MHP / MSH$ – Include all Psych department courses and any cognates or courses from other departments counting toward your concentration (e.g., Stats 350). This includes the Intro Psych, any first year seminars, extra breadth courses, psychology courses that have been repeated or failed, and any other graded psychology courses. *You must have an overall concentration gpa of at least 2.0 in order to graduate!
- ▶ **Middle Digit Trick:** The middle digit of Psychology Department undergraduate courses indicates the area of Psych related to the course:
 - 0, 1, 2=General
 - 3=Biopsychology
 - 4=Cognitive
 - 5=Developmental
 - 6=Organizational
 - 7=Clinical
 - 8=Social
 - 9=Personality

See an advisor at least once a year to review your progress!

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